

Name: _____

Date: _____

Core: _____

Directions: After reading the article on Hinduism and discussing your thinking with a peer, complete the organizer below. When we have discussed the information, please fold this paper and glue it into your notebook.

<p style="text-align: center;">Origins of Hinduism</p> <p>Combination of Aryan and other Indian cultures and religions</p> <p>Has no single founder</p> <p>Influenced by the Vedas (from Aryans) and other scriptures</p> <p>The world's oldest religion</p>	<p style="text-align: center;">Beliefs of Hinduism</p> <p>Karma = rewards or punishments that a person faces because of their thoughts, actions, and words</p> <p>Reincarnation = all living things can be reborn; people's souls live on after death</p> <p>Dharma = spiritual laws that govern the universe</p> <p>Brahman = the universal spirit made up of different forms of Brahman</p> <ul style="list-style-type: none">● Brahma = god of knowledge● Vishnu = protector from evil● Shiva = god of destruction and re-creation <p>Nirvana = goal of Hinduism; to escape the cycle of rebirth; it is a state of happiness without change or pain</p>
<p style="text-align: center;">Practices of Hinduism</p> <p>Vegetarians = because they believe all creatures have souls; cows are especially sacred</p> <p>Good karma = being kind and respectful towards others; you can also have bad karma by being unkind and disrespectful towards others</p> <p>Worship privately -- rituals known as puja at a shrine in their homes</p> <p>Water is holy, especially the Ganges River</p> <p>Yoga = a system of exercise and meditation to teach mastery of mind, body, and emotions</p> <p>Gurus = spiritual teacher who understands the Dharma</p>	<p style="text-align: center;">Spread of Hinduism</p> <p>Most Hindus live in India</p> <p>It is one of the world's five major religions</p> <p>Hinduism has not spread very far outside of India</p>

